

ב"ה

CHABAD FLAMINGO

12 RULES

FOR LIFE

Jewish

5779 | 2018-19 CALENDAR

BY RABBI MENDEL KAPLAN

FAITHFULLY ADAPTED FROM THE LUBAVITCHER REBBE'S 12 TORAH PASSAGES

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ONGOING CLASSES AND LEARNING FORUMS

THE CHASSIDIC READER

SHABBAT: 8:30 AM
RABBI MENDEL KAPLAN

Inspiring study of the *Chassidic Classics*, *Torah Ohr/Lekutei Torah* illuminates mystical motifs in the weekly Torah Parsha. The mind expanding insights help evoke heartfelt life lessons for guidance in our daily challenges.

TANYA TEACHINGS

SUNDAY: 8:30 AM
RABBI MENDEL KAPLAN

Foundational elements of Jewish spirituality profoundly clarified. Each lesson can be enjoyed on its own. The Kabbalah's ancient wisdom in raw, real and relevant terms meant to catalyze personal growth and transformation.

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PARSHA PERSPECTIVES

MONDAY TO THURSDAY: 6:30 AM
RABBI MENDEL KAPLAN

Weekly Parsha dramatically elucidated by remarkably linked commentaries drawn from the rich millennial treasures of our sages, climax with the Rebbe's brilliant interpretations; providing guidance, and encouragement for navigating life's contemporary complications.

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REDEMPTION SONGS: WOMEN'S TORAH STUDY

MONDAY: 10:30 AM
RABBI MENDEL KAPLAN

This series weaves through the *Book of Psalms* and the *Biblical Scrolls* related to seasonal Jewish Festivals. Decode profoundly inspiring mysteries and eternal wonders hidden in our foundational Torah texts.

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Chabad.ORG

THE BAT MITZVAH CLUB

SELECT MONDAYS AND TUESDAYS: 6:30 PM
GOLDY GROSSBAUM

BMC engages Pre-teens in study, discussion and discovery of what "Bat Mitzvah" really means. Their new responsibilities and privileges are framed with a profound personal sense of Jewish pride and joy!

SHABBAT LAW AND ORDER

MONDAY: 7:30 PM
RABBI ELIEZER ROBBINS

To unlock the gates to the apparently complicated world of Shmirat Shabbat, technical Halachic intricacies are lucidly explained and simplified so that everyone can understand how to "Do Shabbat Right!"

CHASSIDIC PATHWAYS

MONDAY: 8:00 PM
RABBI ELIEZER ROBBINS

Illuminating Chassidic teachings comprised of whimsically woven vignettes, sayings and aphorisms that effectively convey the warmth, spirituality and inspiration of the Torah's fifth dimension. Discover mystical ideas energize everyday life!

ROSH CHODESH SOCIETY: WOMEN'S TORAH STUDY LARGER THAN LIFE WEAVING G-D INTO THE DETAILS

SELECT MONDAYS: 8:00 PM
REBBETZIN FAYGIE KAPLAN

Discover Jewish values that influenced western civilization. This series focuses on areas outside the domain of synagogue and Jewish ritual; exploring what it means to live as a Jew in "the rest of our life."

פרשת השבוע בעברית מיוחד לישראלים

יום שני 8:30 בערב
הרב מנדל קפלן

בשיעור השבועי בעברית אנו מתמקדים על רעיון מתוך פרשת השבוע, לומדים בהרחבה את הדעות שמציגים המפרשים בנושא. ולבסוף מתעמקים בנקודת הראות החסידית של הרבי על הסוגיה. שיעור מאלף ומעורר השראה.

BEYOND BAT MITZVAH CLUB

SELECT TUESDAYS: 8:00 PM
GOLDY GROSSBAUM

This course engages and inspires BMC Alumni girls toward higher order thinking by demonstrating the enduring relevance of Timeless Torah Ideals and by nurturing their love for Yiddishkeit as they journey into adulthood.

TORAH STUDIES: PARSHA CURIOSITIES

TUESDAY: 8:00 PM
RABBI MENDEL KAPLAN

Investigate intriguing themes in the weekly Torah Parsha through the prism of arcane, astonishing and enigmatic teachings of our Sages. Seasonally, several sessions are dedicated to a topic or upcoming *Yom Tov*.

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TALMUD TISCH STUDY SESSIONS

THURSDAY: 8:30 PM
RABBI MENDEL KAPLAN

Explore the Talmud, and its remarkably incisive approach that comprises the very core and essence of traditional Jewish scholarship. Following the annual cycle of Jewish holidays, we alternate between five relevant tractates.

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THE REBBE'S MAAMER MOMENT

FRIDAY: 6:30 AM
RABBI MENDEL KAPLAN

The Rebbe's brilliant mystical meditations elevate our outlook on the weekly Parsha. His sacred teachings translate the plain meanings of the weekly Torah portion into uplifting spiritual and mystical terms.

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IN TRIBUTE TO OUR BELOVED REBBE ו"י

RABBI MENACHEM M. SCHNEERSON OF RIGHTEOUS MEMORY

Truly, a Heaven-sent angel in our greatest time of need, The Eternal One, הקב"ה, gifted our post-Holocaust generation this millennial Torah Leader.

Responding to the catastrophic fires that ravaged our nation, the Rebbe selflessly dedicated himself to ignite hopeful sparks of Jewish rebirth and renewal. With brilliant Torah teachings and extraordinarily encouraging energy, he articulated a global vision of an unprecedented Torah renaissance and National spiritual rejuvenation.

The Rebbe passionately inspired legions of Rabbis and Rebbetzins to transcend their own comfort zones; becoming transformational lamplighters to kindle sleeping souls and ignite newfound Yiddishkeit with fervour and devotion.

Graced with intellectual genius of the highest order, the Rebbe was equally blessed with a transcendental blend of tireless leadership, selfless compassion and extraordinary insight. Uniquely, he confronted the challenges of modernity by turning Torah Judaism inside out!

Boldly, the Rebbe successfully created a global army of Shluchim; robust ambassadors of Jewish faith and Torah leadership, dedicated to the spiritual, educational and social health of the Jewish people, as well as the betterment of humanity.

The Rebbe's sage teachings, compassionate guidance and profoundly insightful advice were matched only by the unconditional love he embodied. Today, his larger-than-life presence continues to educate, engage and inspire millions world wide – as this powerful array of ripple effects continues to accelerate the process of universal redemption.

We sincerely pray for the fulfillment of his inspired vision; an aching world completely healed and perfected eternally, with the coming of Moshiach – speedily and in our days. Amen!



We are delighted to present this latest edition of our annual calendar for the new Hebrew year 5779.

Our Thornhill Jewish Community is an exquisite social and cultural tapestry – woven of different kinds of people from a broad and colorful spectrum of backgrounds, nationalities, and affiliations. Our Chabad Flamingo community appropriately strives to remain elastic, eclectic and agile, there's lots of room here for you and your loved ones too!

Launching our third decade of, *Bezrat Hashem*, continued growth, development and communal achievement, we plan to go above and beyond; further upgrading, enhancing and refining the quality of our service to Jewish Families who embrace modernity yet remain faithful to sacred traditional values.

This cannot be over emphasized: **Each and every Jew is treated as family and together we will live Judaism joyfully. Here, we continue to build our vibrant community, one Mitzvah at a time.**

I hope you'll be intrigued and engaged by this year's theme: "**12 Rules for Jewish Life.**" Each month, you'll find a comprehensive Torah strategy – charting a clear-cut path for success to living a fulfilled Jewish life. You'll also encounter profound Torah truisms, paraphrased in easy to read language.

In early summer 1976, our beloved Rebbe selected 12 Torah passages – lifted from the vast corpus of 33 centuries of inspired sacred teachings – requesting that all Jewish children commit them to memory.

Many, me included, believe that these passages weren't only meant for children. Rather, this was a glimpse into the Rebbe's inspired Torah thinking and illuminated perspective on the meaning of life itself.

I even dare to suggest that these compact verses comprised, in the Rebbe's exalted vision, Yiddishkeit's most essential amino acids; a de facto overarching roadmap for living a life of true Jewish fulfillment.

Over the past three years, I have spent many hours researching and presenting on this subject. Here, for the first time ever, I've authored a concise, yet (I hope) faithful rendition of these principles.

Trusting you'll find these foundational Jewish ideas and ideals as inspirational as I have – please enjoy my humble literary offering spread over the course of the upcoming months. I gratefully acknowledge the assistance of my colleague, Rabbi Shais Taub, as well as the talented team of professional writers who helped me to develop this presentation: Andrew Brooke, Bill Swartz, and Stuart Weinberg.

I am looking forward to meeting and greeting you in person and I extend warmest wishes for a *Shana Tova u'Metukah* - A very Happy and Sweet New Year filled with peace in Israel, good health for you and your loved ones, much *Nachas* from them, and abundant prosperity for all.

Sincerely,

A handwritten signature in black ink, appearing to read 'Mendel Kaplan'.

Rabbi Mendel Kaplan



THIS MONTH'S SCHEDULE

SERVICES

SHACHARIT	
Sunday/Holiday	8:00 & 9:15 am
Mon – Fri	6:35 & 7:00 am
Shabbat	9:15 am
MINCHA & MAARIV	
Sun – Thurs	7:00 pm
Friday	10 min after Candle Lighting
Shabbat	45 min. before Candle Lighting

CLASSES

Tanya Teachings	Sunday, 8:30 am
Parsha Perspectives	Mon-Thurs, 6:30 am
Redemption Songs	Monday, 10:30 am
Shabbat Laws	Monday, 7:30 pm
Chassidic Pathways	Monday, 8:00 pm
פרשה בעברית	Monday, 8:00 pm
Torah Studies	Tuesday, 8:00 pm
Talmud Studies	Thursday, 8:00 pm
Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

High Holy Days:
Services, Lectures, Children's Programs

Shabbat Shuva at the Ohel

Celebrate Sukkot:
Services, Lectures, Sukkah Parties

תורה צוה לנו משה מורשה קהלת יעקב

“THE TORAH THAT MOSHE COMMANDED US IS
THE HERITAGE OF THE CONGREGATION OF YAAKOV.”

[DEUTERONOMY 33:4]

RULE 1

Claim Your Inheritance.

Congratulations!

Did you know that you've inherited a fortune?
Judaism's spiritual treasure is your birthright.

It's all yours –
you just have to claim it.

THE RABBI'S NOTES

The Torah was given to every one of us through Moshe, *HaShem's* most faithful servant. Every Jew is entitled to inherit all of it. It's not exclusive to rabbis, scholars, or prophets. It belongs to **every single Jew**. Each of our souls is like a letter in a *Sefer Torah* which is only complete when *all* the letters are included. We must, therefore, each be present to achieve our potential as a people.



QUESTION CORNER

**IS YIDDISHKEIT
RELEVANT TO ME TODAY?
IT'S NOT ONLY RELEVANT;
IT'S WHO YOU ARE.**

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Russell Berger
Executive President

rb@landmarkgeneralproducts.com

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 Torah Studies Tuesday, 8:00 pm
 Talmud Studies Thursday, 8:00 pm
 Maamar Moment Friday, 6:30 am
 The Chassidic Reader Shabbat, 8:30 am

EVENTS

Grand Hakafot Celebrations
 Friday Night Shabbaton
 Holocaust Education Lecture

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שמע ישראל
 ה' אלקינו ה' אחד

“HEAR O ISRAEL, G-D IS OUR L-RD, G-D IS ONE.”

[DEUTERONOMY 6:4]

RULE 2

Get Real.

Spiritual theory is concrete reality.
 G-d's presence is the truest reality.
 Sense the divine in every part
 of your everyday life.

THE RABBI'S NOTES

The *Shema's* message that **G-d is One** means the divine presence is *everywhere*. The word *Echod*, אחד, (One) has three Hebrew letters: 'ט represents the four directions: north, south, east, and west. 'ה represents the seven heavenly levels plus the earth [7 + 1 = 8], but it is 'א that brings the entire cosmos into existence – this first letter symbolizes the *One Creator*, HaShem. We believe HaShem's presence is ubiquitous throughout the magnificent universe.



QUESTION CORNER

**DO SPIRITUAL NOTIONS
 HAVE ANYTHING TO DO
 WITH THE REAL WORLD?**

**THESE IDEAS ARE
 ACTUALLY WHAT THE REAL
 WORLD IS ALL ABOUT.**



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EVENTS

- RCS: Hide and Peek:
The Right to Privacy
- Yud Tes Kislev Farbrengen
- Chabad Night Life

Heel to Toes
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בכל דור ודור חייב אדם לראות
את עצמו כאלו הוא יצא ממצרים

“IN EVERY GENERATION ONE MUST LOOK UPON HIMSELF
AS IF HE PERSONALLY HAD GONE OUT OF EGYPT.”

[PESACHIM 116B]

SOME 3300 YEARS AGO, G-D DELIVERED THE JEWISH PEOPLE FROM EGYPT, FROM SLAVERY TO FREEDOM.
AS THE HAGGADAH TELLS US: “IF G-D HAD NOT TAKEN US OUT OF EGYPT, THEN WE WOULD STILL BE SLAVES THERE NOW.”

→ **RULE 3** ←

Get Past Your Past.

Nothing can stop your spiritual self-actualization.
You can intentionally feel free; you are not a victim.
Take the initiative.
You can and you must set your soul free.



THE RABBI'S NOTES

“*Mitzrayim*” (= the Hebrew word for Egypt) is not merely a place that we left; it also conveys deep “inner limitations.” Our struggle with internal self-doubt and fear prevents self-actualization and stunts our spiritual growth. It’s one thing for us to get out of Egypt; it’s another to get the slave mentality out of us. It means shedding the shackles of our past failings and transcending circumstances instead of being held prisoner by them.



QUESTION CORNER

I’VE FAILED SO BADLY IN THE PAST. DOESN’T THAT STILL MAKE ME A FAILURE NOW?

THE PAST SHOULD NOT DISABLE YOUR PRESENT OR FUTURE.

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Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

RCS: Carried Away;
The Consumed Consumer

Chanukah Celebrations:
*City Of Vaughan. York Regional Police
Justin's No Frills. Promenade Mall*

Hey Tevet:
Book Fair. Farbrengen

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כל ישראל יש להם חלק לעולם הבא
שנאמר ועמר כולם צדיקים לעולם
”רשו ארץ נצר מטעי מעשה ידי להתפאר

“ALL ISRAEL HAS A SHARE IN THE WORLD TO COME, AS STATED
[IN ISAIAH 60:21]: “AND YOUR PEOPLE ARE ALL *TZADDIKIM* [RIGHTEOUS]:
THEY SHALL INHERIT THE LAND FOREVER. THEY ARE THE BRANCH
OF MY PLANTING, THE WORK OF MY HANDS, IN WHICH I TAKE PRIDE.”

[SANHEDRIN 90A]

RULE 4

Test Your DNA.

Good news: You are born with a huge advantage.

Eternity is already in hand.

You just need to keep growing
your natural spiritual
strengths and confidence.

THE RABBI'S NOTES

Our Sages taught that G-d takes immense pride in **every** member of *Am Yisrael*, like a gentle gardener carefully tending all of his plants. Each of us is born with this intrinsic gift of eternal reward. When we appreciate our precious gift of life, pursue a higher purpose, and develop our spiritual potential, we gain a greater portion of eternity.



QUESTION CORNER

FORMAL JUDAISM FEELS SO STRICT, ANCIENT, AND ALIEN TO ME. HOW CAN I RELATE TO IT?

SPIRITUAL HEAVEN IS IN YOUR DNA. JUST BY BEING BORN JEWISH, YOU'VE ALREADY GOT A SLICE OF ETERNITY – WAITING TO BE FURTHER DEVELOPED.



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Maamar Moment Friday, 6:30 am
The Chassidic Reader Shabbat, 8:30 am

EVENTS

RCS: The Pledge Fund;
A Charitable Foundation
Yud Shvat Farbrengen
Mother and Child Program
Tribute to Jewish Women

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כי קרוב אליך הדבר מאד בפיך ובלבבך לעשותו

“IT IS WITHIN YOUR CLOSE REACH TO FOLLOW
THE TORAH IN SPEECH, FEELING AND DEED.”

[DEUTERONOMY 30:14]

RULE 5

Change “Impossible” to “I’m Possible.”

*The treasure of Yiddishkeit
is closer than you may think.
You don’t need a radical change.
HaShem’s expectations
aren’t unreasonable.*

THE RABBI'S NOTES

Never think that the Torah way of life is impossible to achieve. HaShem never demands anything of us without giving us the strength to succeed. If every one of us is expected to live a Torah life, then it simply can’t be impossible. It must be within our reach to fulfill the Torah’s expectations.



QUESTION CORNER

**AREN'T THE TORAH'S RULES
AND EXPECTATIONS OF ME
UNREALISTIC?**

**BELIEF IN A PERSONAL
G-D MEANS YOU CAN TRUST
THAT HIS DEMANDS AREN'T
UNREASONABLE, BUT
RATHER ATTAINABLE WITH
YOUR SINCERE EFFORTS.**

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Talmud Studies	Thursday, 8:00 pm
Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

RCS: With All Due Respect;
Honouring Your Parents

Flamingo BLT:
Bagel, Lox, Tefillin

All Day Torah Learnathon

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והנה ה' נצב עליו ומלא
כל הארץ כבודו ומביט עליו
ובוחן כליות ולב אם עובדו כראוי

“HASHEM STANDS OVER EACH JEW, AND THE
WHOLE EARTH IS FULL OF HIS GLORY; AND HE
SEARCHES WITHIN HIS MIND AND HEART
[TO DETERMINE] IF HE IS SERVING HIM AS IS FITTING.”

[TANYA CHAPTER 41]

RULE 6

It's Up to You, and Only You.

You have been chosen for a unique purpose.

You are the essential one that HaShem is relying on.

You need to realize you are the one
to make good things happen.

If you think anyone else can do it
just like you can, think again.

THE RABBI'S NOTES

Rejecting the notion of a distant and powerful Creator, we believe in an up close and *personal* Father and King. A G-d who is never “too busy” running the universe, but rather One who is deeply concerned for the life of every individual as they navigate their daily challenges – searching our minds and hearts to see if we are serving Him properly. In every place, at every moment, we must sense that HaShem is standing close by, reading our thoughts, listening to our words, and observing our actions; He empowers us to make the right choices in life, as Torah prescribes. These faithful thoughts should fill us with deep feelings of reverence and responsibility.



QUESTION CORNER

I'M SO VERY BUSY; MY TIME FOR TORAH STUDY AND MITZVAH PERFORMANCE IS LIMITED. IS PERSONAL OBSERVANCE REALLY NECESSARY?

EACH OF US HAS A UNIQUE CONTRIBUTION TO MAKE. NOBODY IS EXEMPT, AND NOBODY IS QUITE LIKE YOU.



מוהל מומחה מוסמך
הרב ישראל - דוד גולדשטיין
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Mohel-moheltoronto@gmail.com | www.moheltoronto.com





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EVENTS

- RCS: Whistle While You Work;**
The Balancing Act
- Celebrate Purim:**
Megilla Readings. Children's Program.
Masquerade Dinner
- Kids in Action**



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Dedicated to Improving the Lives of Injured Victims and Their Families

בראשית ברא אלקים
את השמים ואת הארץ

“IN THE BEGINNING GD CREATED
THE HEAVENS AND THE EARTH.”
[GENESIS 1:1]

→ **RULE 7** ←

Ponder the Planet.

The Creator made the material world so that
we would help make it into a Sacred place.
That ultimate Perfectly Holy world is the
singular reason for **material** Creation.

It's not just a reason.
It's the Supreme reason.



THE RABBI'S NOTES

The Torah is a user manual for life. It opens with an Act of Divine Creation, telling us that HaShem's creation has a sacred **purpose**. The world was designed for us to be partners in making it a place of spiritual peace and perfection; a holy dwelling place for the Creator. Knowing this can lift our spirits even when we feel overwhelmed. It can make us realize that the world is divinely predisposed to goodness for us all. But the detailed task of realizing the world's holy potential is *our* duty and responsibility.



QUESTION CORNER

THE WORLD SEEMS TO BE SUCH A DYSFUNCTIONAL MESS. WAR, POVERTY, CRIME, TERRORISM, AND HATRED ARE RAMPANT. WILL WE EVER KNOW PEACE?

HASHEM CREATED THIS BROKEN WORLD SO THAT EACH OF US WOULD HELP FIX AND PERFECT IT. WE CAN RELEASE THE WORLD'S POTENTIAL FOR GOODNESS.




**1054 Centre Street,
Vaughan, ON L4J 3M8**

OWNER, JUSTIN LESNICK



THIS MONTH'S SCHEDULE

SERVICES

SHACHARIT	
Sunday/Holiday	8:00 & 9:15 am
Mon – Fri	6:35 & 7:00 am
Shabbat	9:15 am
MINCHA & MAARIV	
Sun – Thurs	7:30 pm
Friday	6:30 pm
Shabbat	45 min. before Candle Lighting

CLASSES

Tanya Teachings	Sunday, 8:30 am
Parsha Perspectives	Mon-Thurs, 6:30 am
Redemption Songs	Monday, 10:30 am
Shabbat Laws	Monday, 7:30 pm
Chassidic Pathways	Monday, 8:00 pm
פרשה בעברית	Monday, 8:30 pm
Torah Studies	Tuesday, 8:30 pm
Talmud Studies	Thursday, 8:30 pm
Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

RCS: Cause and Effect:
A Soul-ar Panel on Social Activism

Pre-Pesach Shabbaton

11 Nissan Ohel Trip

Observe Pesach:
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ושונגתם לבניך ודברת בם בשבתך
בביתך ובלכתך בדרך ובשכרך ובקומך

“AND YOU SHALL TEACH THE TORAH TO YOUR CHILDREN
AND YOU SHOULD SPEAK ABOUT IT WHEN YOU ARE AT HOME
AND WHEN YOU TRAVEL, BEFORE YOU LIE DOWN TO SLEEP
AND WHEN YOU WAKE UP.”

[DEUTERONOMY 6:7]

RULE 8

Don't Just Sit There: Teach Something.

We are *all* teachers for HaShem.

Every moment can be a chance to
positively influence others.

This is how we can help to repair the world.

One day at a time. One person at a time.

One relationship at a time.

THE RABBI'S NOTES

The Torah tells us to teach our “children;” this is a metaphor for all those you meet who need your positive influence. Communicating Torah ideals to others is exactly how you can uplift those around you. If we strive to punctuate our social interactions with encouraging, spiritual conversation, then every moment can become a teachable moment. We must all be responsible to educate the people in our circles of influence; that’s how we transform ourselves, our family and friends, and the wider world.



QUESTION CORNER

**HOW CAN I, ONE AMONG
BILLIONS, CHANGE THE
WORLD?**

**BE A BEACON OF LIGHT.
REALIZE THAT EVEN ONE
CANDLE OF TRUTH CAN
DISPEL MUCH DARKNESS
AND BE SEEN FROM AFAR.**



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פרשה בעברית	Monday, 8:30 pm
Torah Studies	Tuesday, 8:30 pm
Talmud Studies	Thursday, 8:30 pm
Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

- RCS: On Higher Ground:
With Liberty and Justice for All
- Lag B'Omer Event
- The Tefillin Classic-Golf Event

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יגעתי ולא מצאתי אל תאמין לא יגעתי
ומצאתי אל תאמין יגעתי ומצאתי תאמין

“IF SOMEONE SAYS: ‘I HAVE WORKED HARD,
BUT I HAVE NOT BEEN SUCCESSFUL,’ DON’T BELIEVE THEM.

IF SOMEONE SAYS: ‘I HAVE NOT WORKED HARD,
AND I HAVE BEEN SUCCESSFUL,’ DON’T BELIEVE THEM.

BUT IF SOMEONE SAYS: ‘I HAVE WORKED HARD,
AND I HAVE BEEN SUCCESSFUL,’ THEN BELIEVE THEM!”

[TALMUD, MEGILLA 6B]

→ RULE 9 ←

Do What You Can. But Do It.

A sincere effort to fix even a small portion
of the world is guaranteed to succeed.
You may not see it. Others may not see it.
But HaShem does.

THE RABBI'S NOTES

Scripture states: “People were born to toil.” All HaShem wants is that we make our best effort. We can leave the rest in His hands. Ultimately, the Eternal One created the world and gave us the privilege of partnership in perfecting it. If we do our part to the best of our strengths and abilities we will not falter, and we will not fail even if many of the effects of our actions are hidden from us. Think of the ‘butterfly effect’ whereby the flapping of a butterfly’s wings can theoretically change the weather; all of our actions, however small, can be the tipping point for enormous positive effects. Our combined efforts will always be successful and prevail, even if we can’t imagine how.



QUESTION CORNER

I’VE TRIED SO HARD, BUT I’M NOT SEEING ANY RESULTS. WHY EVEN BOTHER?

HASHEM DEMANDS OUR BEST. JUST DO YOUR PART, THEN LET YOUR SILENT DIVINE PARTNER TAKE CARE OF THE REST.



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SHACHARIT

Sunday/Holiday 8:00 & 9:15 am
 Mon – Fri 6:35 & 7:00 am
 Shabbat 9:15 am

MINCHA & MAARIV

Sun – Thurs 7:30 pm
 Friday 6:45 pm
 Shabbat 45 min. before
 Candle Lighting

CLASSES

Tanya Teachings Sunday, 8:30 am
 Parsha Perspectives Mon-Thurs, 6:30 am
 Redemption Songs Monday, 10:30 am
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 פרשה בעברית Monday, 8:30 pm
 Torah Studies Tuesday, 8:30 pm
 Talmud Studies Thursday, 8:30 pm
 Maamar Moment Friday, 6:30 am
 The Chassidic Reader Shabbat, 8:30 am

EVENTS

BMC Celebration Dinner
 Community Cheesecake Bake
 Observe Shavuot:
 Services. Late Night Learning.
 Kids Ice Cream Party. Dairy Kiddush

Heel to Toes

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 Chiropodist/Foot Specialist
 Thornhill Square
 300 John Street, Suite 105
 Thornhill, Ontario L3T 5W4
 Tel: 905-764-3668 (FOOT)

ואהבת לרעך כמוך -
 רבי עקיבא אומר זה כלל גדול בתורה

“RABBI AKIVA SAYS: ‘YOU SHOULD LOVE YOUR FELLOW AS YOURSELF’, IS A BASIC PRINCIPLE OF THE TORAH.”

[LEVITICUS 19:18, MIDRASH]

RULE 10

It's In You to Give.
 Share the Wealth.

Caring and sharing is
 fundamental to *Yiddishkeit*.

If we want to succeed,
 we must help others succeed.

THE RABBI'S NOTES

Some Mitzvot are between people and G-d, while others are between people. Both categories are critical; neither can be neglected. If you don't love others, then you can't love Gd. If our own spiritual fulfillment is desired, then we also need to encourage and support others. Sharing wisdom, understanding and knowledge with sincere passion for Yiddishkeit is a cornerstone of Torah observance.



QUESTION CORNER

**I'M NOT HURTING ANYBODY.
 ISN'T THAT GOOD ENOUGH?**

**IT'S NOT ENOUGH TO NOT
 HARM OTHERS; YOU HAVE
 TO REACH OUT AND ACTIVELY
 HELP THEM.**

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Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

Gimmel Tammuz Event
Hilulla Ohel Shabbaton
Yud Bais Tammuz FarBQ

וזה כל האדם ותכלית בריאתו
ובריאת כל העולמות עליונים
ותחתונים להיות לו דירה זו בתחתונים

“THE PURPOSE FOR THE CREATION OF EVERY JEW
AND FOR ALL THE COSMOS IS FOR US TO HELP MAKE
A DWELLING PLACE FOR HASHEM IN THIS WORLD.”

[TANYA CHAPTER 33]

RULE 11

Discover the Meaning of Life.

Ask why do I exist.
Realize it's to help perfect the world.

THE RABBI'S NOTES

Rather than viewing the world as an immense obstacle course with the primary goal of achieving personal, material, or our own spiritual satisfaction, Torah teaches that the true reason HaShem created us in this imperfect world was so that we could all participate in perfecting it. By living a righteous life and by striving to positively inspire others, we can together transform the world into the Sacred Dwelling Place for HaShem it was always intended to become.

QUESTION CORNER

BUT... I HAVE ENOUGH TROUBLE JUST TAKING CARE OF MYSELF. WHY MUST I TRY TO POSITIVELY TRANSFORM THE ENTIRE WORLD?

THE ONLY WAY TO FULFILL YOUR OWN PERSONAL SPIRITUAL DESTINY IS BY ACTIVELY DOING YOUR PART TO REPAIR THE WORLD.

Heel to Toes

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Talmud Studies	Thursday, 8:30 pm
Maamar Moment	Friday, 6:30 am
The Chassidic Reader	Shabbat, 8:30 am

EVENTS

- Holy Temple Studies
- Chof Av Farbrengen
- Membership Renewal

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ישמח ישראל בעושיו פירוש שכל מי
שהוא מזרע ישראל יש לו לשמוח בשמחת
ה' אשר שש ושמח בדירתו בתחתונים

“THE [NATION OF] ISRAEL SHOULD REJOICE IN THEIR MAKER.
EVERY JEW SHOULD SHARE IN GD'S JOY, WHO REJOICES
AND IS HAPPY IN HIS DWELLING IN THIS WORLD.”

[TANYA CHAPTER 33]

RULE 12

Feel the Joy.
It'll Ensure Success!

Participating in working on HaShem's
master plan for creation is the
greatest source of joyful fulfillment.

The happier you are,
the more successful you will be.

THE RABBI'S NOTES

Regardless of your background, affiliation or degree of observance, the privilege of being a member of *Am Yisrael* should be an overriding source of joy. Jews make up but one-fifth of one percent of the world's population (1 in 500 people). This means that the Creator has chosen you over 499 other souls to be a part of this tiny group that participates in the greatest mission in history: *partnering with HaShem to fix the world and making it the Eternal's Holy Home.*

QUESTION CORNER

IF I MUST DO THESE THINGS, I'LL DO THEM. BUT DO I HAVE TO BE HAPPY ABOUT IT?

UNLESS YOU FIND JOY IN DOING THEM, YOU WON'T REALIZE YOUR TRUE POTENTIAL.

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Jewish

12 RULES FOR LIFE

<p>RULE 1 Claim Your Inheritance.</p>	<p>RULE 2 Get Real.</p>	<p>RULE 3 Get Past Your Past.</p>
<p>RULE 4 Test Your DNA.</p>	<p>RULE 5 Change "Impossible" to "I'm Possible."</p>	<p>RULE 6 It's Up to You, and Only You.</p>
<p>RULE 7 Ponder the Planet.</p>	<p>RULE 8 Don't Just Sit There: Teach Something.</p>	<p>RULE 9 Do What You Can. But Do It.</p>
<p>RULE 10 It's In You to Give. Share the Wealth.</p>	<p>RULE 11 Discover the Meaning of Life.</p>	<p>RULE 12 Feel the Joy. It'll Ensure Success!</p>



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SHABBAT & YOM TOV CANDLE LIGHTING INSTRUCTION

THE SHABBAT CANDLES

A married woman customarily lights two candles and may add an additional one for each of her children. An unmarried girl should light one candle in deference to her mother.

As soon as a young girl can understand the idea of the Shabbat and can say the blessing (approximately 3 years old) her parents should provide her with a candlestick and teach her to kindle the Shabbat candles.

The young girl should light before her mother in case she needs assistance from her.

It is customary to put a few coins into a tzedaka pushka (charity box) before lighting the candles.

The correct time to light the Shabbat candles is 18 minutes before sunset every Friday. Young girls should light just prior to this time.

THE FESTIVAL CANDLES

Just as candles are lit in honour of the Shabbat so are they lit in honour of the festivals.

Various blessings are recited on different festivals. See the chart Blessings for Festival Candle Lighting.

CAUTION: When lighting after the onset of a festival, a pre-existing flame must be used to light the candles since it is prohibited to create a new flame by striking a match or lighter, etc. However, it is permissible to use (or transfer fire from) a flame burning continuously since the onset of the festival, such as a pilot light, gas or candle flame.

PROCEDURE FOR LIGHTING THE SHABBAT CANDLES

The woman (or young girl) lights the candles, then spreads her hands out around the candles, drawing her hands inwards in a circular motion three times to indicate her acceptance of the sanctity of the Shabbat. She then covers her eyes and says the blessing:

**Bor-ruch Atoh Ado-noi E-lo-hei-nu Me-lech Ha-olom
A-sheh Ki-de-sha-nu Be-mitz-vo-tav Vi-tzi-vo-nu
Le-had-lik Ner Shel Shabbat Ko-desh.**

She then uncovers her eyes to behold the Shabbat lights.

The time of lighting is considered especially propitious to pray to G-d for health and happiness. The prayer is readily accepted because it is said during the performance of this great mitzvah of lighting the Shabbat candles.

CAUTION: The candles must be lit before sunset. It is prohibited and is a desecration of the Shabbat to light the candles after sunset.

FESTIVAL CANDLE LIGHTING & BLESSING SCHEDULE

NOTE	DATE	FESTIVAL	BLESSING(S)
*	September 9	1st Eve of Rosh Hashana	No. 1 and 4
**	September 10	2nd Eve of Rosh Hashana	No. 1 and 4
***	September 18	Eve of Yom Kippur	No. 2 and 4
*	September 23	1st Eve of Sukkot	No. 3 and 4
**	September 24	2nd Eve of Sukkot	No. 3 and 4
*	September 30	Eve of Shemini Atzeret	No. 3 and 4
**	October 1	Eve of Simchat Torah	No. 3 and 4
***	April 19	1st Seder Night	No. 5 and 4
**	April 20	2nd Seder Night	No. 3 and 4
*	April 25	7th Night of Passover	No. 3
****	April 26	8th Night of Passover	No. 5
**	June 8	1st Eve of Shavuot	No. 3 and 4
**	June 9	2nd Eve of Shavuot	No. 3 and 4

* *If lighting after sunset, light only from a pre-existing flame.*

** *Do not light before the time indicated. Light only from a pre-existing flame.*

*** *Do not light after sunset*

**** *Do not light after sunset, light only from a pre-existing flame.*

A pre-existing flame is a flame burning continuously since the onset of a festival- such as a pilot light, gas or candle flame.



BLESSINGS FOR FESTIVAL CANDLE LIGHTING

**1 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
A-sheh Ki-de-sha-nu Be-mitz-vo-tav Vi-tzi-va-nu
Le-had-lik Ner Shel Yom Ha-zi-ka-ron.**

**2 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
A-sheh Ki-de-sha-nu Be-mitz-vo-tav Vi-tzi-va-nu
Le-had-lik Ner Shel Yom Ha-Ki-Purim.**

**3 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
A-sheh Ki-de-sha-nu Be-mitz-vo-tav Vi-tzi-va-nu
Le-had-lik Ner Shel Yom Tov.**

**4 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
She-heh-che-yah-nu Vi-ki-ye-ma-nu Ve-higi-a-nu
Liz-man Ha-zeh.**

**5 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
A-sheh Ki-de-sha-nu Be-mitz-vo-tav Vi-tzi-va-nu Le-
had-lik Ner Shel Shabbat Vi-Shel Yom Tov.**



BLESSINGS FOR CHANUKAH MENORAH LIGHTING

**1 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
A-sheh Ki-de-sha-nu Be-mitz-vo-tav Vi-tzi-va-nu
Le-had-lik Ner Cha-nu-kah.**

**2 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
She-a-sa Ni-sim La-avo-sei-nu Ba-ya-mim Ha-heim
Bi-z'man Ha-zeh.**

**3 Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olom
She-heh-che-yah-nu Vi-ki-ye-ma-nu Ve-higi-a-nu
Liz-man Ha-zeh.**

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- We provide you with **regular status reports** on your case, as well as **copies** of all significant **documents** and reports;
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Mr. J.F., Toronto, Ontario

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HOLIDAY SERVICES SCHEDULE

ROSH HASHANA

SEPTEMBER 9 - EREV ROSH HASHANA SUNDAY

Evening Services 7:25 pm

SEPTEMBER 10 - DAY 1 ROSH HASHANA MONDAY

Morning Service 8:15 am

Shofar Blowing 12:15 pm

Mincha Service 6:30 pm

FOLLOWED BY TASHLICH

Maariv Service 8:15 pm

SEPTEMBER 11 - DAY 2 ROSH HASHANA TUESDAY

Morning Service 8:15 am

Shofar Blowing 12:15 am

Evening Services 7:25 pm

YOM KIPPUR

SEPTEMBER 18 - EREV YOM KIPPUR TUESDAY

THE MEN'S MIKVAH IS OPEN FROM 6:00AM TO 6:00PM

Mincha Service 2:30 pm

Kol Nidre Service 7:05 pm

SEPTEMBER 19 - YOM KIPPUR WEDNESDAY

Morning Service 8:15 am

Torah Reading 10:45 am

Yizkor Service 12:30 pm

Mincha Service 5:25 pm

Ne'illa Service 6:40 pm

Shofar Sounding 8:03 pm

BREAK FAST

SUKKOT

SEPTEMBER 23 - EREV SUKKOT SUNDAY

Evening Services 7:05 pm

KIDDUSH IN THE SUKKAH

SEPTEMBER 24 & 25 - SUKKOT (1st day's) MON/TUES

Morning Service 9:15 am

KIDDUSH IN THE SUKKAH

Evening Services 7:05 pm

SEPTEMBER 30 - HOSHAANAH RABAH SUNDAY

Morning Services 6:00 am

Evening Services 6:50 pm

Kiddush & Mini Hakkafot Celebration 8:15 pm

OCTOBER 1 - SHEMINI ATZERET MONDAY

Morning Service 9:15 am

Yizkor Service 11:35 am

FOLLED BY A FINAL KIDDUSH IN THE SUKKAH

Mincha Service 1:37 pm

Maariv Service 7:40 pm

Giant Communal Hakkafot Celebration 8:05 pm

OCTOBER 2 - SIMCHAT TORAH TUESDAY

Morning Service 9:15 am

Grand Simchat Torah Kiddush 10:45 am

Communal Hakkafot Celebration 11:45 am

Torah Reading & Communal Aliyot 1:00 pm

Evening Services 6:50 pm

PURIM

MARCH 20 - FAST OF ESTHER WEDNESDAY

Fast Begins 5:50 am

Shachrit 6:20 am & 6:45 am

Mincha 6:55 pm

Maariv 7:50 pm

Fast ends 7:59 pm

Megillah Reading 8:10 pm

MARCH 21 - PURIM DAY THURSDAY

Morning Service 6:15 am & 7:00 am

Megillah Reading 6:35 am & 7:35 am

Late Megillah Readings begin 4:45 pm

Grand Purim feast 5:30 pm

PESACH

APRIL 18 - THURSDAY

Search for Chometz 8:35 pm

APRIL 19 - EREV PESACH FRIDAY

Morning Service 6:35 am & 7:00 am

First Born Siyum 7:10 am & 8:00 am

Eat Chometz until 10:59 am

Burn Chometz until 12:08 am

Evening Services 7:45 pm

Midnight/Chatzos (Afikoman) 1:16 am

APRIL 20 - 1ST DAY PESACH SHABBAT

Morning Service 9:15 am

Evening Services 7:45 pm

APRIL 21 - 2ND DAY PESACH SUNDAY

Morning Service 9:15 am

Evening Services 8:00 pm

APRIL 25 - EREV YOM TOV THURSDAY

Evening Services 8:05 pm

Late night learning 11:59 pm - 4:35 am

APRIL 26 - PESACH (7th day) FRIDAY

Morning Service 9:15 am

Mincha Service 8:05 pm

FOLLOWED BY GUEST LECTURE & MAARIV SERVICE

APRIL 27 - PESACH (Final day) SHABBAT

Morning Service 9:15 am

Yizkor Service 11:35 am

Mincha Service 6:30 pm

Mystical Moshiach Feast 6:55 pm

FOLLOWED BY MAARIV SERVICE

Passover Ends 9:02 pm

SHAVUOT

JUNE 8 - EREV SHAVUOT SHABBAT

Evening Services (SEUDAH SHLISHIT) 8:00 pm

All Night Learning 11:59 pm - 3:26 am

JUNE 9 - 1ST DAY SHAVUOT SUNDAY

Morning Service 9:15 am

Ten Commandments 10:45 am

Evening Services 8:40 pm

JUNE 10 - 2ND DAY SHAVUOT MONDAY

Morning Service 9:15 am

Yizkor Service 11:35 am

Mincha Service 7:50 pm

Holiday Closing Farbrengen 8:05 pm

FOLLOWED BY MAARIV SERVICE

Shavuot ends 9:53 pm




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