Chabad Flamingo E-Weekly #859

Week of Tammuz 16 – 22, 5779 ~ July 19 – 25, 2019

Erev Shabbat Kodesh Parshat Balak | Pirkei Avot 6 Candle Lighting: Must be after 7:25pm but no later than 8:36 pm Shabbat concludes: 9:45 pm

Your Uplifting Week at Flamingo			
Erev Shabbat Kodesh Friday, July 19	Shabbat Parshat Balak - Shiva Assar B'Tammuz Saturday, July 20		Sunday, July 21 Fast of Tammuz 17
6:30 am Ma'amer Moment 6:40 am Swifter Minyan 7:00 am Moderate Minyan	 8:30 am The Chassidic Reader Lekutei Torah 9:15 am Main Shacharit Prayer Services 9:30 am Parents 'n Kids' Youth Minyan 10:30 am Shabbat Youth Programs 11:00 am Tyler's Teen Scene & Teen Program! 12:30 pm Congregational Kiddush and Friendly Schmooze 7:20 pm Pirkei Avot Review led by Alex Davis 7:50 pm Mincha, then communal Seudah Shlisheet 9:40 pm Ma'ariv, then screening of the Rebbe's Living Torah 		 3:55 am Fast Begins 8:00 am Swifter Minyan 8:30 am Tanya Teachings 9:15 am Moderate Minyan
6:45 pm Mincha, Sefer HaMitzvos and "Timely Torah" then, joyous Kabbalat Shabbat and Ma'ariv			8:10 pm " Beit HaBechira " 8:15 pm Mincha & <i>Mitzvot</i> 9:05 pm Divrie Kevushin 9:15 pm Ma'ariv 9:27 pm Fast Ends
Women's Mikvah: by appt.	Women's Mikvah: 10:30pm-12:30am		Women's Mikvah: 10pm-12am
Monday, July 22	Tuesday, July 23	Wednesday, July 24	Thursday, July 25
6:30 amParsha Perspectives6:35 amSwifter Minyan7:00 amModerate Minyan10:30amRedemption Songs	6:30 amParsha Perspectives6:40 amSwifter Minyan7:00 amModerate Minyan	6:30 am Parsha Perspectives 6:40 am Swifter Minyan 7:00 am Moderate Minyan	6:30 am Parsha Perspectives 6:35 am Swifter Minyan 7:00 am Moderate Minyan
7:25 pm " Beit HaBechira" 7:30 pm Mincha and Sefer HaMitzvot; Ma'ariv	 7:25 pm "Beit HaBechira" 7:30 pm Mincha and Sefer HaMitzvot; Ma'ariv 8:30pm Customs & Convention 	7:30 pm Mincha and Sefer HaMitzvot; Ma'ariv	7:25 pm " <i>Beit HaBechira"</i> 7:30 pm Mincha and Sefer HaMitzvot; Ma'ariv 8:30 pm Tom's Talmud Tisch
Women's Mikvah: 9-11 pm	Women's Mikvah: 9-11 pm	Women's Mikvah: 9-11 pm	Women's Mikvah: 9-11 pm

Next Friday Eve: Celebrate Shabbat Under the Stars - RSVP by Tuesday, July 22 Monday, August 5: Attend the 38th Siyum HaRambam & AriZal Hilula Farbrengen!

This Shabbat, Remember Galut, Grace & Goodwill

This **Shabbat** is the 17th day of of *Tammuz* = *Shivah Asar B'Tammuz*. This date initiates the annual **Three-Week Period of Remembrance** commemorating the many tragedies of our sad, long & historic *Galut* [exile and displacement] beginning with the original breaching of Jerusalem's walls nearly 26 centuries ago.

But scriptures state that these "unhappy" days are also "days of grace and goodwill before HaShem" However, we refrain from overt celebrations and commemorate our former national failings in order to inspire us intensify our Yiddishkeit. We yearn to hasten our redemption from Galut through *Moshiach*. We believe in a resilient, redemptive power that transforms sadness into happiness.

The *Shabbatot* of these three weeks are actually powerful paradigms of the anticipated **messianic transformation**, so they **should** be celebrated even more **joyously** than usual. This year, as the entire three-week period *begins* with Shabbat, the power to transform is **ever more auspicious**!

Our Diamond Daveners

Cheers to the winners of the weekly Gold Medal Award

Youth Minyan: Yaakov Tobias Youth Program: Yaakov Niski & Avi Stark

Shabbat Sponsors

The **Congregational Kiddush** and has yet to be sponsored. To sponsor contact <u>Rabbi Yossi</u>.

Seudah Shlisheet has been sponsored by Malcolm and Tilda Roll to commemorate the Yahrtzeit of Malcolm's mother.

A Transformative "Heart to Heart" for Our Broken Hearts

The **saddest period of our year** begins this week, and culminates on *Tisha B'Av* – observed this year on **Sunday**, **August 11**. We resolutely remember the violent destruction of our *Ba'atie Mikdash* - Holy Temples - and consequent *Galut* [physical *and* spiritual Exile].

Sacred Torah tradition views this time as an opportunity "... to awaken hearts towards repentance and recall our forefathers' misdeeds ...which led to the calamities." We thereby hope to avoid repeating their mistakes!

Redemptive power to transform this time of sadness into joy: The *Navi* called these "days of goodwill before the Eternal One." We reach upward for strength to reconstruct our spiritual and national unity by deepening our bonds with Hashem to hasten the coming of Moshiach!

The challenge for us is to seize this perception of unique annual window of opportunity. Let's choose to engage in concrete acts of kindness to help bring about absolute transformation!

NEW Class streamed LIVE on Facebook Daily, 7:25pm G-d's "Location of Choice"

Focusing on our lost *Ba'atie Mikdash,* intensifies **our yearning for** *Moshiach* who will rebuild it. The *Rebbe* therefore urged us to focus-study on the Temple's unique and sacred schematic.

Rabbi Kaplan will deliver daily, standalone micro-classes on **Rambam's** *Hilchot Beit HaBechira,* 5 minutes before Mincha. Join this new learning opportunity every or any day possible!

"Customs & Convention" Tuesdays – 8:30 pm

Learning "How's and Why's" of our Cherished Traditions Each Week

Our Mini-Series on "Shabbat Foods" concludes this week!

Savour this final Course of Sacred Educational Nourishment! "Cholent mit Gehakte Leber"

Honouring the recent *Shloshim* of **Cathy Manson - Fraidle bat Naftalie**

9-Up Alert!

Next week we're launching a new mini-series on the "Nine Days" Observances

The Rambam and The AriZal according to Rabbi Greenberg

The **38th Cycle of Daily Rambam Study** concludes on **Monday, Av, 4 ~ Aug. 5.** Join us on that day **8 pm** for a celebratory **Siyum - Farbrengen** honouring the daily study of *Mishna Torah* and *Sefer HaMitzvot*, and the **Rambam a.k.a. Maimonides**.

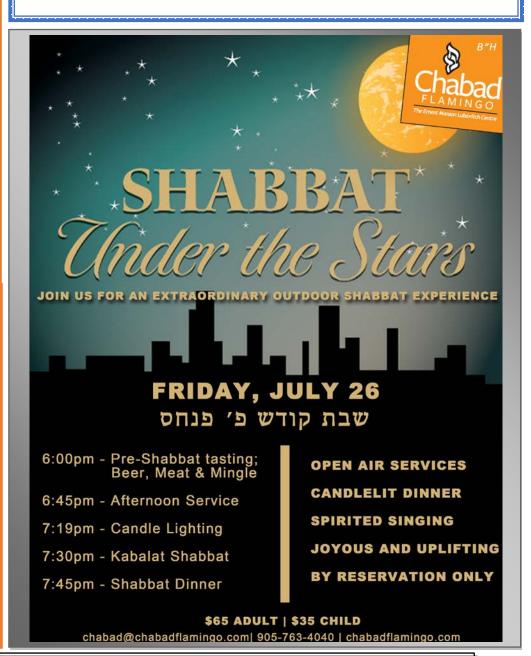
That night flows into Av 5, Yahrzeit-Hillula of the AriZal, the post-modern Torah Sage who infused genuine Jewish Mysticism into Yiddishkeit – in The Tanya,: previously accessible only to a select few - thereby paving the intellectual path for the flourishing of the Global Chassidic Movement.

Our special guest speaker, **Rabbi Heschel Greenberg**, founder and director of the Jewish Discovery Center in Buffalo, NY will. Inspire you. He's an internationally renowned Judaic scholar, author of several books and of hundreds of scholarly and popular articles. He has lectured on diverse facets of Judaism for more than 5 decades.

This Sunday "Shiva Assar B'Tammuz" is Observed

This year, the *Fast* of *Shiva Assar* (**the 17**th) *B'Tammuz* is deflected onto **the 18**th day of *Tammuz*. *Halacha* (Torah ritual law) ordains that healthy individuals should abstain from all eating and drinking. The fast begins at **daybreak** (3:55 am) and concludes at **nightfall** (9:27pm). During *Shacharit*, extra *Selichot* services are added. Also, special **Torah Readings** are added to both morning and afternoon services. **These rituals and observances will formally initiate the proverbial** "Three Weeks," the saddest period of the Jewish calendar!

Breakfast is sponsored by Eliezer and Esther Shefer honouring the Yahrtzeit of their dear son, Roy. Also, *L'illuy Nishmat – for* Claire Glowinsky's father, Albert Cohen, *Avraham Yona ben Nachum HaKohen.*



Chabad Flamingo | www.chabadflamingo.com - 8001 Bathurst Street | Thornhill, Ontario L4J 8L5 Phone: (905) 763-4040 | Fax: (905) 763-3470 - Copyright © 2019 Chabad Flamingo - All Rights Reserved